



Parent Information Packet
THERAPEUTIC RECREATION PROGRAM

June 27-August 12, 2011

Monday-Friday 9:30-4:00

Closed July 4th Holiday

Lee Center
1108 Jefferson Street
703.746.5422





City of Alexandria, Department of Recreation, Parks & Cultural Activities
Therapeutic Recreation Program
1108 Jefferson Street, Alexandria, VA 22314
Office (703) 746-5422 Fax (703) 535-5863



"LET'S GO GREEN"

JUNE 27, 2011-JULY 8, 2011
"YOU ARE WHAT YOU EAT"



JULY 11, 2011 - JULY 22, 2011
"TRASH TO TREASURE"



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JULY 25, 2011 - AUGUST 5, 2011
"JOLLY GREEN GIANTS"



AUGUST 8, 2011 - AUGUST 12, 2011
"RAGS TO RICHES"



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"LET'S GO GREEN"

Summer Daily Adventure Schedule

9:30am - 10:00am (M, W & F) "Let's Talk" Session

Open time allotted for parents to ask questions, voice concerns, make payments and meet and greet other program parents.

9:30am Arrival

The participants arrive and are greeted by program staff and friends!

9:30am - 12:00pm Swimming at John Ewald Park Pool

Inclement Weather: Group Games & Physical Fitness Activities

12:30pm - 1:00pm Lunch

The participants will receive a nutritious USDA certified lunch and beverage. If your child has any dietary restrictions, please bring a bag lunch with beverage. **No glass bottles are allowed.**

1:00pm - 1:30pm Spotlight on Me!

This time is designated for the participants to share unique items from home, special life events, and shared reading activities.

1:30pm - 2:30pm Playground/ Field Activities

The participants are encouraged to engage in structured physical group games (kickball, softball, tennis, flag football etc.) and utilize the playground equipment.

2:30pm - 3:00pm Specialty & Enrichment Clubs/ Arts n Crafts

Our Enrichment Clubs consist of Girl Power Club, Super Heroes Club, Wild Kingdom Club, Discovery Kids Club, BEAR Club, Life Skills Club, Wet n Wild Club, Wiz Kidz Club, Jazzercise Club, Cooking Club, Kingfishers Club, and Tumbletastic Club. Arts n Crafts activities are also offered during this time.

3:00pm - 3:30pm Snack

The participants will receive a nutritious USDA certified snack and beverage.

3:30pm - 4:00pm Free Time & Parent Pick Up

The participants are able to choose table games and activities of their choice while waiting for parents to arrive for the afternoon pick up.

***3:30pm - 4:30pm (M, W & F) "Let's Talk" Session**

Open time allotted for parents to ask questions, voice concerns, make payments and meet and greet other program parents.

Activity dates and times are subject to change due to field trips, special events, and inclement weather.



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SPECIAL EVENTS



REPTILE WORLD

Wednesday, June 29, 2011

Time: 2:30pm



YOUTH ARTS FESTIVAL

Saturday, July 30, 2011

Time: 12:00pm - 4:00pm

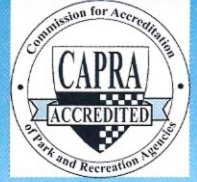
ANNUAL FAMILY DAY EVENT

Rockin' to the Good Ole 80s!

Friday, August 12, 2011

Time: 11:00am—1:00pm





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Age Group Breakdown

Teenie Weenie Pre-School Camp (8:30am - 12:00pm)
3 - 5 years old

Camp Kaleidoscope (9:30am - 4:00pm)
6 - 14 years old

Camp Teen Scene (9:30am - 4:00pm)
15 - 21 years old





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"LET'S GO GREEN"

Program Outline



Teenie Weenie Pre-School Camp

Tuesday, July 5, 2011 - Friday, July 29, 2011

Time: 8:30am - 12:00pm

Ages: 3 - 5

Session	Dates	Cost	Due Date
Session 1	July 5 - July 15	\$50.00	July 5
Session 2	July 18 - July 29	\$50.00	July 18

Camp Kaleidoscope and Camp Teen Scene

Monday, June 27, 2011 - Friday, August 12, 2011

Time: 9:30am - 4:00pm

Ages: 6 - 14 and 15 - 21

Session	Dates	Cost	Due Date
Session 1	June 27 - July 8	\$100.00	June 27
Session 2	July 11 - July 22	\$100.00	July 11
Session 3	July 25 - August 5	\$100.00	July 25
Session 4	August 8 - August 12	\$ 50.00	August 8

NO PROGRAM JULY 4TH





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FIELD TRIPS

Six Flags Amusement Park

June 27, 2011 - August 11, 2011

Time: 9:30am - 3:00pm

Tuesdays & Thursdays

Cost: \$40.00



Soft Play Room

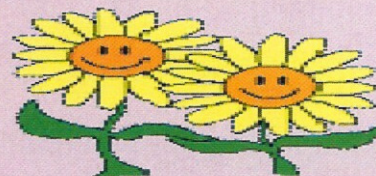
June 27, 2011 - August 11, 2011

Time: 1:00pm - 3:00pm

Tuesdays & Thursdays

Cost: \$40.00

Summer Fun





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Field Trip Payment Slip

Six Flags of America Amusement Park

June Dates: 28th & 30th

July Dates: 5th, 7th, 12th, 14th, 19th, 21st, 26th, & 28th

August Dates: 2nd, 4th, 9th & 11th

Time: 9:30am - 3:00pm

Cost: \$40.00 (Season Pass)

Ages: 6 - 21 (staff approval required)

Every Tuesday & Thursday

Soft Play Room at Chinguapin Park Recreation Center

June Dates: 28th & 30th

July Dates: 5th, 7th, 12th, 14th, 19th, 21st, 26th, & 28th

August Dates: 2nd, 4th, 9th & 11th

Time: 1:00pm - 3:00pm

Cost: \$40.00

Ages: 6 - 14 (staff approval required)

Every Tuesday & Thursday



Please tear off and return to the Therapeutic Recreation Program office at
1108 Jefferson Street, Alexandria, VA 22314

I hereby give my son/daughter _____ Age ____
permission to attend the field trips indicated above to be conducted by the Therapeutic
Recreation Program. I understand the \$40 fee is non-refundable and non-transferable.

Print Name

Signature

Date



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Pool Schedule

Camp Kaleidoscope: 6 - 14 years old
Mondays, Wednesdays and Fridays (9:30am - 12:00pm)



Camp Teen Scene: 15 - 21 year olds
Mondays, Wednesdays and Fridays (1:00pm - 3:00pm)



Activity dates and times are subject to change due to inclement weather.

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City of Alexandria
Department of Recreation, Parks & Cultural Activities
Therapeutic Recreation Program

PERMISSION TO ATTEND OFF SITE ACTIVITY

I hereby give my son/daughter _____ Age _____
permission to attend the John Ewald Park Pool on scheduled swim days throughout
the summer program from June 27, 2011 - August 10, 2011.

Parent/ Guardian Name

Phone Number

Emergency Contact Name

Phone Number



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"LET'S GO GREEN"

Before and After Care Program Registration Form

Name: _____

Camp: _____

Age: _____

Looking for a structured program that starts early and ends late? Well look no further. Parents needing a little extra time in the mornings or evenings can register their child in the Therapeutic Recreation Before and After Care Program. Activities will include educational, arts & crafts, movies and games.

Location: Lee Center

Min Enrollment: 6 and Max Enrollment: 12

Before Care: 8:30am - 9:30am

After Care: 4:00pm - 5:00pm



<u>Week</u>	<u>Before Care</u>	<u>Non Program</u>	<u>After Care</u>	<u>Non Program</u>
June 27 - July 01	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
July 05 - July 08	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
July 11 - July 15	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
July 18 - July 22	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
July 25 - July 29	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
Aug 01 - Aug 05	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00
Aug 08 - Aug 12	___ \$20.00	___ \$30.00	___ \$20.00	___ \$30.00

Please make checks or money orders payable to the City of Alexandria with Therapeutic Recreation Program in the memo section. *** Please Note: Fees are not prorated.***

I _____ understand that I am responsible for making payment for any services rendered prior to my child participating in any Therapeutic Recreation programs.

Print Name

Signature

Date



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"LET'S GO GREEN"

Specialty and Enrichment Clubs



The Therapeutic Recreation Program is offering several specialty and enrichment clubs for the enjoyment of your child. The following specialty and enrichment programs will be offered throughout the summer.

Specialty and Enrichment Club Overview

Girl Power Club: The Girl Power Club is a club where girls can be girls! Makeovers, Barbie Dolls, Dress Up Activities, you name it, we do it! This club helps to build self-confidence and self-esteem through creative activities and interactions.

Super Heroes Club: Members will share action figures, create comic strips, and create personalized super hero names. During this unique club each member is taught how to express their feelings through words and not actions, to be leaders and not followers and most of all how to be respectful model citizens of the community.

Wild Kingdom Club: Lions, Tigers, Bears Oh My! Members will explore a variety of wild animals and their habitats. The members will create dioramas and animal masks as they travel around the world learning about wild animals. Members will also be responsible for taking care of the summer camp pet!

BEAR Club: Be Excited About Reading club where kids get the opportunity to express themselves through reading out loud, creating stories, sight word scavenger hunts, and book buddies.

Wiz Kidz Club: For the computer Lover in You! Members will be able to explore computer games and academic based software.

Kingfishers Club: This is an outdoor nature awareness program for those who love to explore the great outdoors and see what nature and all its inhabitants has to offer the world.

Life Skills Club: Members will learn how to fold clothes, manage their household items, personal hygiene maintenance, and manage money.

Cooking Club: For those who enjoy cooking real easy to do recipes.

Jazzercise Club: This program is for those who enjoy dance and movement and getting their cardio going.

Tumbletastic Club: This is an opportunity for members to stretch their muscles to the limit while learning basic tumbling skills such as rolls, cartwheels and round-offs.



For more information about our Specialty and Enrichment clubs, please contact the
Therapeutic Recreation Program at (703) 746-5422



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Specialty and Enrichment Clubs



Name: _____

Camp: _____

Age: _____

The Therapeutic Recreation Program is offering several specialty and enrichment clubs for the enjoyment of your child. The following specialty and enrichment programs will be offered throughout the day. Please check which program(s) your child would most be interested in or benefit from.

___ Girl Power Club

___ Wiz Kidz Club

___ Super Heroes Club

___ Cooking Club

___ Wild Kingdom Club

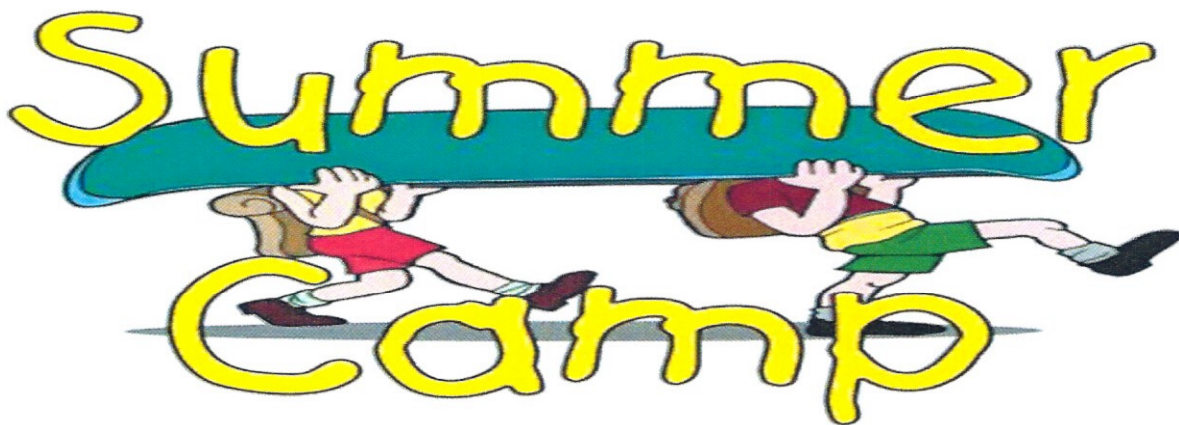
___ Jazzercise Class

___ BEAR Club

___ Life Skills

___ Kingfishers Club

___ Tumbletastic



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